

JULIA FIRST THOUGHT ABOUT INSURANCE OVER COFFEE.

THE SECOND TIME WAS ON HER WAY TO THE HOSPITAL.



Today, Julia counts on Adrian as a friend, not just her life planner.



At 34 and already a successful marketing professional, Indonesian-born Julia Teddy has a bright future in front of her.

Being a foreigner and given her long work hours, she has only a few close friends whom she can count on in times of need.

As she stepped out from a meeting one day, a sharp pain shot through her lower abdomen. At first, she dismissed it as just a regular stomach ache. “I’d actually been experiencing some discomfort for about five days, but I never thought it would turn out to be anything serious,” she shared. The pain became more intense and she broke out in cold sweat.

Her alarmed boss immediately called for medical help. He then contacted her Great Eastern life planner, Adrian Goh, to ask him about her insurance coverage. Adrian informed him that he could send her to any hospital, as her insurance policy provides comprehensive coverage for hospitalisation expenses.

At the hospital, Julia was diagnosed with appendicitis due to a ruptured blood vessel that burst and caused internal bleeding. Thanks to her SupremeHealth and TotalShield policies, Julia’s hospital and surgical bill was fully reimbursed.

“It was such a relief to have Adrian take care of all the documents required for my claims, so I could focus on a quick recovery,” Julia said. “It’s not easy being away from home and I’m extremely grateful for his support. I’m truly glad I have someone like him to count on.”

After her ordeal, Julia has stopped taking her health for granted. She started to read up on various healthcare and lifestyle tips, which encouraged her to watch what she eats and to exercise regularly.

“It was a wake-up call for me. In the past, I was only concerned about my work and neglected proper mealtimes and having sufficient rest,” she reflected. “But not anymore. I’ve finally realised how important it is to take care of my health so I can lead a better and longer life.”

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