

## Medical Examination Form

Proposal No:  Distribution Rep. Name: \_\_\_\_\_  Individual Life Assurance  
Policy No:  Distribution Rep. IAC No:

**WARNING: PURSUANT TO SECTION 25(5) OF THE INSURANCE ACT (CAP. 142), YOU ARE TO DISCLOSE IN THIS FORM FULLY AND FAITHFULLY, ALL THE FACTS WHICH YOU KNOW OR OUGHT TO KNOW, OTHERWISE YOU MAY RECEIVE NOTHING FROM THE POLICY.**

### A PERSONAL STATEMENT (Questions to be answered by the Examinee)

\*Mr / Mrs / Ms / Miss / Mdm / Dr

1 Name of the Life to be Assured

2a) Age:  b) Sex  Male  Female \* c) NRIC / Passport No / BC\*:

3a) Occupation: \_\_\_\_\_ b) Name of Company: \_\_\_\_\_

4 What is the name and address of your regular doctor or any doctor that you have attended in the last 3 years?

Name of Doctor	Address of Doctor
a) Please state date and reason for last visit to your doctor	
b) Please state diagnosis of condition	
c) Please give details to investigations done	

5 **Note:** This requirement is for Health Plan only, please attach the evidence of results of the following test(s):

- a) Microscopic urinalysis (instead of dipstick urine test)      b) Resting ECG with 12 leads

PLEASE ANSWER THE FOLLOWING QUESTIONS	Please Tick Yes No	If answer is "Yes", please supply full details below
6 Are you now receiving or considering to receive any form of medical treatment or investigation from a doctor, or intending to consult any doctor for any reason?	<input type="checkbox"/> <input type="checkbox"/>	Nature of treatment: _____ Name and address of doctor: _____
7 In the past five (5) years, have you ever had any tests done such as X-ray, ultrasound, CT scan, biopsy, electrocardiogram (ECG), blood or urine test? Please state reason for test done, date and results.	<input type="checkbox"/> <input type="checkbox"/>	
8a) Have you ever smoked during the last twelve (12) or twenty four (24) months?	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Smoked in last twelve (12) months <input type="checkbox"/> Smoked in last twenty four (24) months
b) Do you now smoke?	<input type="checkbox"/> <input type="checkbox"/>	No. of sticks per day: _____
c) How many years have you been smoking?	<input type="checkbox"/> <input type="checkbox"/>	No. of years: _____
d) Have you ever been advised to stop smoking by the doctor?	<input type="checkbox"/> <input type="checkbox"/>	
9a) Have you ever taken addictive drugs / narcotics or been treated for alcoholism or drug addiction?	<input type="checkbox"/> <input type="checkbox"/>	
b) Do you consume beer, wine or other alcoholic beverages?	<input type="checkbox"/> <input type="checkbox"/>	Type of alcoholic beverages: _____ Average daily consumption: _____
<b>If any answer is "YES", please give details, including dates, duration, diagnosis, name(s) and address(es) of all attending physician(s) and medical institution(s)</b>		
10 Have you ever had or been told that you have or been treated for any of the following medical condition or symptoms?		
a) diabetes, thyroid disorders or any other endocrine disorders?	<input type="checkbox"/> <input type="checkbox"/>	
b) asthma, bronchitis, pneumonia, tuberculosis, breathlessness, coughing with blood, persistent cough (longer than 4 weeks) or any other lung diseases or disorders?	<input type="checkbox"/> <input type="checkbox"/>	
c) cardiomyopathy, heart attack, heart murmur, heart valve disorder or disease, high blood pressure, high cholesterol, irregular or fast heart rate, chest discomfort or pain or any other disorders of the heart or blood vessels?	<input type="checkbox"/> <input type="checkbox"/>	
d) depression, epilepsy, fits, nervous breakdown, paralysis, stroke, numbness, prolonged headache (longer than 4 weeks), weakness of limbs, unconsciousness, or any other neurological, nervous, mental disorders?	<input type="checkbox"/> <input type="checkbox"/>	



If any answer is "YES", please give details, including dates, duration, diagnosis, name(s) and address(es) of all attending physician(s) and medical institution(s)	Please Tick Yes No	If answer is "Yes", please supply full details below												
e) duodenal ulcer, fatty liver, fistula, gallstone, gastritis, hepatitis, piles, stomach ulcer, blood in the stools, diarrhoea (longer than 1 week), jaundice or any other disorders of the digestive system including stomach, liver, gallbladder, pancreas, intestines, colon and rectum?	<input type="checkbox"/> <input type="checkbox"/>													
f) kidney infection, kidney stones, urinary tract infection, urinary incontinence, blood in urine, protein in urine or sugar in urine or any other disorders of the kidney, bladder, genital or urinary systems?	<input type="checkbox"/> <input type="checkbox"/>													
g) arthritis, gout, osteoporosis, slipped disc, any pain, deformity, physical disability or severe injury or any disease or disorder of the muscle, bones, spine, limbs or joints?	<input type="checkbox"/> <input type="checkbox"/>													
h) anaemia, haemophilia, systemic lupus erythematosus or any other disorders of the blood or autoimmune disease?	<input type="checkbox"/> <input type="checkbox"/>													
i) impaired hearing, impaired sight, impaired speech, ear discharge, double vision, nose bleeds (intermittent or continuous longer than 1 week) or any other disorders of eyes, ears, nose or throat?	<input type="checkbox"/> <input type="checkbox"/>													
j) cancer, enlarged nodes, unusual skin lesions, tumours, polyps, cysts or other growths?	<input type="checkbox"/> <input type="checkbox"/>													
k) excessive weight loss in the past 3 months, fatigue (for more than 1 week) in the past 3 months?	<input type="checkbox"/> <input type="checkbox"/>													
11 Do you have any other illness, disorder, symptoms, operation, physical disability, accident or injury not mentioned above?	<input type="checkbox"/> <input type="checkbox"/>													
12 Have you or your spouse ever taken or been advised to take any tests for Sexually Transmitted Disease, including HIV and AIDS? If yes, please complete the table:	<input type="checkbox"/> <input type="checkbox"/>	<table border="1"> <tr><td>Type of Test</td><td></td></tr> <tr><td>Date of Test</td><td></td></tr> <tr><td>Reason for Test</td><td></td></tr> <tr><td>Test Results</td><td></td></tr> <tr><td>Name of Doctor</td><td></td></tr> <tr><td>Name and address of Clinic</td><td></td></tr> </table>	Type of Test		Date of Test		Reason for Test		Test Results		Name of Doctor		Name and address of Clinic	
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13 Other than for the medical conditions or symptoms that you have already told us about, have you had or been advised to have any medical tests or investigations during the last 5 years? Or do you intend to have any tests or investigations in the coming year? (for example blood test, urine test, X-ray, ECG, Ultrasound, imaging scan, biopsy, mammogram, pap smear, prostate check)  If yes, please complete the table and attach medical reports:	<input type="checkbox"/> <input type="checkbox"/>	<table border="1"> <tr><td>Type of Test</td><td></td></tr> <tr><td>Date of Test</td><td></td></tr> <tr><td>Reason for Test</td><td></td></tr> <tr><td>Test Results</td><td></td></tr> <tr><td>Name of Doctor</td><td></td></tr> <tr><td>Name and address of Clinic</td><td></td></tr> </table>	Type of Test		Date of Test		Reason for Test		Test Results		Name of Doctor		Name and address of Clinic	
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14 Have any of your biological parents or brothers or sisters, before age of 60, died or suffered from Cancer, Diabetes, Stroke, Kidney Disease, Heart disease, Parkinson's Disease, Alzheimer's disease, or any other hereditary diseases (for example Polycystic Kidney Disease, Huntington's Chorea)? If yes, please state condition, relationship, age at onset and age at death.	<input type="checkbox"/> <input type="checkbox"/>													
<b>For Female Applicants only:</b>														
15a) Are you now pregnant?	<input type="checkbox"/> <input type="checkbox"/>	How many months: _____												
b) Have you ever had any complication(s) in previous pregnancy(ies)?	<input type="checkbox"/> <input type="checkbox"/>	Date: _____ Nature of complication: _____												
c) Have you ever been found to have or are you aware of any breast lumps or disease(s) of the breast?	<input type="checkbox"/> <input type="checkbox"/>													
d) Have you ever had any abnormal Pap Smear test or been told by any doctor to have a repeat Pap Smear within the next six (6) months?	<input type="checkbox"/> <input type="checkbox"/>													
e) Have you ever had recurrent / persistent irregular / painful / unusually heavy menstruation?	<input type="checkbox"/> <input type="checkbox"/>													
f) Have you ever been advised to have a mammogram, biopsy, operation of the breasts, ultrasound of the pelvis, or any other gynaecological investigations?	<input type="checkbox"/> <input type="checkbox"/>													

**B DECLARATION**

I hereby declare that the above statements are true to the best of my knowledge and I agree that this declaration shall form part of the proposed contract of assurance.

┌ \_\_\_\_\_ ┐

┌ \_\_\_\_\_ ┐

└ \_\_\_\_\_ ┘

└ \_\_\_\_\_ ┘

Signature of Life to be Assured / Parent Proposer

Signature of Witness (Medical Examiner)

(To be signed by parent proposer if child's age is less than 16 years old)

Date : \_\_\_\_\_

Date : \_\_\_\_\_

**C MEDICAL EXAMINER'S CONFIDENTIAL REPORT**

\*Mr / Mrs / Ms / Miss / Mdm / Dr

Name of the  
Life to be Assured

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NRIC / Passport No / BC\*: \_\_\_\_\_

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It is presumed that when a Medical Examiner recommends a risk, he has determined to his entire satisfaction that the Life to be Assured is free from disease or from the effects of disease, and that he is likely to live as long as a normally healthy man of his age. The Medical Examiner is requested to send this report in a sealed envelope as it is strictly confidential between the Company and the Medical Examiner. The Medical Examiner is also requested not to give the Life to be Assured any information as to the result of the Examination. Please note that we may be obliged to disclose results of the medical examination to the examinee at his request.

Has the weight increased, decreased or remained stationary during the past two years? \_\_\_\_\_

Give an explanation for any marked change. \_\_\_\_\_

Height:  cm      Circumference of chest in full inspiration:  cm

Weight:  kg      Circumference of chest in full expiration:  cm

Circumference of abdomen at umbilicus:  cm

QUESTIONS	Please Tick	Yes	No	Please give all details of any abnormality												
1a) Are you personally acquainted with the person under examination? If so how long, in what capacity and for what medical conditions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	How many years? _____												
b) Does appearance of the examinee correspond with the age stated?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
c) Does the examinee seem to be a person of sober habits?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>2 CNS, MUSCULO-SKELETAL SYSTEM</b>																
a) Are there any abnormalities in these two organ systems?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
b) Are the tendon reflexes abnormal?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
c) Are there any paralysis or tremors?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
d) Are there any diseases of the spine or joints?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>3 CHEST</b>																
a) Any abnormality in the chest (eg. chest movement, swelling, deformity and etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
b) Percussion - are there any areas of pathological dullness?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
c) Auscultation - are the breath sounds abnormal? If yes, please describe the abnormal sounds heard.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>4 HEART</b>																
a) Is the apex beat abnormal? State where the apex beat is felt:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
b) Is there any sign of hypertrophy or dilatation?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
c) Are there any murmurs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
d) Is there any cyanosis or undue breathlessness on exertion?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
e) Blood pressure - If it is found to be in excess of 140 Systolic or 90 Diastolic (5th phase), please take two further readings with intervals of 5 minutes. (By auscultatory method only)				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td></td> <td style="width: 30px;">1</td> <td style="width: 30px;">2</td> <td style="width: 30px;">3</td> </tr> <tr> <td>Systolic</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diastolic</td> <td></td> <td></td> <td></td> </tr> </table>		1	2	3	Systolic				Diastolic			
	1	2	3													
Systolic																
Diastolic																
f) Pulse Rate _____ beats / minutes (*Regular / Irregular)																
<b>5 ABDOMEN</b>																
a) Are the liver, spleen and kidneys palpable?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
b) Are there any abnormal masses such as hernia, tumour etc?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>6 ENDOCRINE</b>																
Are there any disease of the thyroid or other endocrine glands?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>7 ENT</b>																
Are there any ear, nose or throat abnormalities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>													
<b>8 Are there any disease of the eyes?</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Visual acuity *Aided / Unaided <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td></td> <td style="width: 50px;">Right</td> <td style="width: 50px;">Left</td> </tr> <tr> <td>Distant</td> <td></td> <td></td> </tr> <tr> <td>Near</td> <td></td> <td></td> </tr> </table>		Right	Left	Distant			Near					
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