

For Official Use

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Record the Life Assured's five (5) years medical history. List past and current health problems, diagnosis, date of onset and current status (including whether stable or unstable) in chronology.

Health Problems	Diagnosis	Date of Onset	Status
Circulatory			
Respiratory			
Neurological			

Signature of Doctor



Health Problems	Diagnosis	Date of Onset	Status
Gastrointestinal			
Musculoskeletal			
Sensory			
Genitourinary			

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Doctor

Health Problems	Diagnosis	Date of Onset	Status
Endocrine			
Psychiatric			
Others			

## 2. CURRENT MEDICATION PROFILE

Record the Life Assured's prescribed and over-the-counter medications below.

Medication	Dosage/ Frequency	Start Date	Reason	Prescribing Physician

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Doctor

### 3. ACTIVITIES OF DAILY LIVING (“ADL”) FUNCTION

(a) Please tick as applicable in relation to the Life Assured's ADL ability.

Notes:

“**NO assistance**” means the Life Assured requires no assistance to perform the ADL.

“**SOME assistance**” means the Life Assured requires some assistance of another person up to 74% of the time to perform the ADL.

“**SUBSTANTIAL assistance**” means the Life Assured requires another person at least 75% of the time to perform the ADL.

“**FULL assistance**” means the Life Assured is not able to perform the ADL even with the aid of the special equipment, and always requiring the physical help of another person throughout the entire ADL.

(i) **Washing/ Bathing**

(ability to wash in bath or shower or by other means to maintain personal cleanliness.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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(ii) **Dressing**

(ability to dress and undress and put on and take off any medical appliances usually worn.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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(iii) **Bladder/ Bowel Continence**

(ability to manage bowel and bladder function with or without the use of catheters, incontinence pads or other artificial aids to maintain personal hygiene.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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(iv) **Mobility**

(ability to move indoors from room to room on level surfaces.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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Date

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Signature of Doctor

(v) **Transferring**

(ability to move from a bed to an upright chair or wheelchair and vice versa.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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(vi) **Feeding**

(ability to ingest food when it is made available.)

☐ NO assistance      ☐ SOME assistance      ☐ SUBSTANTIAL assistance      ☐ FULL assistance

Comment (if assistance is required, please include date (dd/mm/yy) when such assistance became necessary).

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- (b) Please state the basis of your opinion of the Life Assured's ADL ability (e.g. face to face assessment, report from patient, report from relative, etc).

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- (c) What tests did you use to establish the Life Assured's function for each of the ADLs (standardised functional assessments, observation of patient performing ADL-specific tasks, etc)?

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- (d) When did you last see the Life Assured and for how long?

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- (e) In what environment did you last see the Life Assured (e.g. home, hospital, nursing home, relative's home, etc)?

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Date

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Signature of Doctor

#### 4. MENTAL STATUS

(a) Please describe the Life Assured's mental and cognitive abilities.

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(b) State date when such cognitive ability commenced and whether it is continuous or intermittent.

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(c) What is the Life Assured's Mini-Mental State Examination score and date(s) of such examination?

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(d) What is the diagnosis of the Life Assured's condition leading to such cognitive ability? Please also provide date of diagnosis.

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(e) Is the Life Assured mentally incapacitated in accordance to the Mental Capacity Act (Chapter 177A of Singapore)? YES / NO\*

(f) Please provide details if the Life Assured is depressed or has psychiatric illness.

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(g) What is the prognosis of the Life Assured's condition?

- ☐ Poor
- ☐ Guarded
- ☐ Fair
- ☐ Good
- ☐ Excellent

Comments: \_\_\_\_\_

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Doctor

(h) What is the prognosis based on recent test results, recent assessment, specialist opinion, etc?

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(i) Describe the Life Assured's need for continual care or supervision.

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## 5. PLAN OF TREATMENT

Type of Service Required	Description of Service Required	No. of Hours Per Day	
Skilled nursing			
Companion			
Others			

6. Is the Life Assured's condition due to any of the following?

YES / NO\*

If "YES", please tick in the ☐ and provide details:

Duration (State Date)

- ☐ Self-inflicted injury.
- ☐ Suicide or attempted suicide.
- ☐ Alcoholism or drug addiction.
- ☐ AIDS or any illness related to the Human Immunodeficiency Virus.

Details: \_\_\_\_\_

7. Please provide any further information which in your opinion would be useful in the assessment of this Life Assured's claim.

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\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature & Official Stamp of Doctor