

**EXECUTIVE HEALTH SCREENING @ \$488 PER EXAMINEE (before GST)**  
**Male staff aged 40 years old & above**

- 1. Breakfast**
- 2. Medical Consultation**
  - Detailed Medical History
- 3. Complete Clinical Examination**
  - Examination of Heart, Lungs & Abdomen
  - Measurement of Blood Pressure
  - Neurological & Musculoskeletal Examination
- 4. Body Composition Analysis**
  - Height & Weight
  - Body Mass Index
  - Muscle Mass
  - Body Fat Measurement
- 5. Vision Test**
  - Visual Acuity
  - Colour Vision Test
- 6. Chest X-ray (1 View)**
- 7. Electrocardiogram (ECG)**
- 8. Choice of 1 test:**
  - a) Ultrasound Abdomen
  - b) Uroflowmetry & Bladder Scan
- 9. Medical Report & Medical Review**
- 10. Blood, Urine & Stool Investigations:**
  - A. Renal (Kidney) Profile**
    - Potassium
    - Sodium
    - Chloride
    - Bicarbonate
    - Urea
    - Creatinine
    - eGFR
  - B. Endocrine (Gland) Function**
    - Glucose
  - C. Bone/Joint Profile**
    - Calcium
    - Phosphate
    - Uric Acid
  - D. Liver Profile**
    - Total Protein
    - Albumin
    - Globulin
    - A/G Ratio
    - Total Bilirubin
    - Alkaline Phosphatase
    - Aspartate Aminotransferase (AST)
    - Alanine Aminotransferase (ALT)
    - Gamma-Glutamyltransferase (GGT)
  - E. Lipid (Fat) Profile**
    - Cholesterol
    - Triglycerides
    - HDL Cholesterol
    - LDL Cholesterol
    - Cholesterol Ratio
  - F. Full Blood Count**
    - Haemogram
      - Haemoglobin
      - Red Blood Cell Count
      - Packed Cell Volume (HCT)
      - Red Cell Indices (MCV, MCH, MCHC)
      - Red Cell Distribution Width (RDW)
      - Mean Platelet Volume (MPV)
      - Platelet Count
      - White Blood Cell Count
    - Differential Count
    - Peripheral Blood Film
    - Erythrocyte Sedimentation Rate (ESR)
  - G. Thyroid Studies**
    - Free Thyroxines (FRT4)
    - Thyroid Stimulating Hormone (TSH3)
  - H. Hepatitis A & B Screen**
    - Hepatitis B Surface Antibody (HbsAb)
    - Hepatitis B Surface Antigen (HBsAg)
    - Hepatitis A Total Antibody (Anti-HAV Total)
  - I. Serology**
    - Syphilis TP Antibody
      - Syphilis RPR & Titre if reactive
      - TPPA if reactive
    - RA Factor
  - J. Tumour Marker Studies**
    - Alpha Fetoprotein (AFP)
    - Carcinoembryonic Antigen (CEA)
    - Total Prostate Specific Antigen (PSA)
  - K. Urine Test**
    - Urine FEME
  - L. Stool Test**
    - Occult Blood

**EXECUTIVE HEALTH SCREENING @ \$488 PER EXAMINEE (before GST)**  
**Female staff aged 40 years old & above**

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| <p><b>1. Breakfast</b></p> <p><b>2. Medical Consultation</b></p> <ul style="list-style-type: none"> <li>- Detailed Medical History</li> </ul> <p><b>3. Complete Clinical Examination</b></p> <ul style="list-style-type: none"> <li>- Examination of Heart, Lungs &amp; Abdomen</li> <li>- Measurement of Blood Pressure</li> <li>- Neurological &amp; Musculoskeletal Examination</li> <li>- Pap Smear</li> </ul> <p><b>4. Body Composition Analysis</b></p> <ul style="list-style-type: none"> <li>- Height &amp; Weight</li> <li>- Body Mass Index</li> <li>- Muscle Mass</li> <li>- Body Fat Measurement</li> </ul> | <p><b>5. Vision Test</b></p> <ul style="list-style-type: none"> <li>- Visual Acuity</li> <li>- Colour Vision Test</li> </ul> <p><b>6. Chest X-ray (1 View)</b></p> <p><b>7. Electrocardiogram (ECG)</b></p> <p><b>8. <u>Choice of 1 test:</u></b></p> <ul style="list-style-type: none"> <li>a) Ultrasound Abdomen</li> <li>b) Ultrasound Breast</li> <li>c) Mammogram</li> <li>d) Ultrasound Pelvis</li> </ul> <p><b>9. Medical Report &amp; Medical Review</b></p> <p><b>Blood, Urine &amp; Stool Investigations:</b></p> | <p><b>A. Renal (Kidney) Profile</b></p> <ul style="list-style-type: none"> <li>Potassium</li> <li>Sodium</li> <li>Chloride</li> <li>Bicarbonate</li> <li>Urea</li> <li>Creatinine</li> <li>eGFR</li> </ul> <p><b>B. Endocrine (Gland) Function</b></p> <ul style="list-style-type: none"> <li>Glucose</li> </ul> <p><b>C. Bone/Joint Profile</b></p> <ul style="list-style-type: none"> <li>Calcium</li> <li>Phosphate</li> <li>Uric Acid</li> </ul> <p><b>D. Liver Profile</b></p> <ul style="list-style-type: none"> <li>Total Protein</li> <li>Albumin</li> <li>Globulin</li> <li>A/G Ratio</li> <li>Total Bilirubin</li> <li>Alkaline Phosphatase</li> <li>Aspartate Aminotransferase (AST)</li> <li>Alanine Aminotransferase (ALT)</li> <li>Gamma-Glutamyltransferase (GGT)</li> </ul> <p><b>E. Lipid (Fat) Profile</b></p> <ul style="list-style-type: none"> <li>Cholesterol</li> <li>Triglycerides</li> <li>HDL Cholesterol</li> <li>LDL Cholesterol</li> <li>Cholesterol Ratio</li> </ul> | <p><b>F. Full Blood Count</b></p> <p>Haemogram</p> <ul style="list-style-type: none"> <li>- Haemoglobin</li> <li>- Red Blood Cell Count</li> <li>- Packed Cell Volume (HCT)</li> <li>- Red Cell Indices (MCV, MCH, MCHC)</li> <li>- Red Cell Distribution Width (RDW)</li> <li>- Mean Platelet Volume (MPV)</li> <li>- Platelet Count</li> <li>- White Blood Cell Count</li> </ul> <p>Differential Count</p> <p>Peripheral Blood Film</p> <p>Erythrocyte Sedimentation Rate (ESR)</p> <p><b>G. Thyroid Studies</b></p> <ul style="list-style-type: none"> <li>Free Thyroxines (FRT4)</li> <li>Thyroid Stimulating Hormone (TSH3)</li> </ul> <p><b>H. Hepatitis A &amp; B Screen</b></p> <ul style="list-style-type: none"> <li>Hepatitis B Surface Antibody (HbsAb)</li> <li>Hepatitis B Surface Antigen (HBsAg)</li> <li>Hepatitis A Total Antibody (Anti-HAV Total)</li> </ul> <p><b>I. Serology</b></p> <ul style="list-style-type: none"> <li>Syphilis TP Antibody <ul style="list-style-type: none"> <li>- Syphilis RPR &amp; Titre if reactive</li> <li>- TPPA if reactive</li> </ul> </li> <li>RA Factor</li> </ul> <p><b>J. Tumour Marker Studies</b></p> <ul style="list-style-type: none"> <li>Alpha Fetoprotein (AFP)</li> <li>Carcinoembryonic Antigen (CEA)</li> <li>Cancer Antigen 125 (CA 125)</li> </ul> | <p><b>K. Urine Test</b></p> <ul style="list-style-type: none"> <li>Urine FEME</li> </ul> <p><b>L. Stool Test</b></p> <ul style="list-style-type: none"> <li>Occult Blood</li> </ul> |
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